



### DID YOU KNOW?

Britain's first regular daily newspaper was called *The Daily Courant*. It was published in London in 1702.

## Do something

You could create a newspaper with your friends.



### COMPETITION

## LEARN2THINK YOUNG JOURNALIST

Do you dream of changing the world? Perhaps you could be a...

# Junior journalist

Do you care about the truth? Is there something you think people don't know enough about? Then maybe you should try writing about real life and telling people what matters to you.

Journalists can play an important part in our society, telling people what's happening in the world and helping them to understand events. Being young doesn't mean you don't know interesting things or have opinions that count.

Some people are naturally curious; they like to get to the bottom of things. Does that sound like you? Then you could be a journalist. By starting to write when you are young, your writing skills will develop, along with your ability to interview people. If you want to begin writing, you could start a newspaper with your friends. Each one of you could cover a different topic or area that you think is interesting. Or

you could enter this year's Learn2Think Young Journalist competition, with an article that is up to 500 words long (see the box on the right for more information).

To really make your mark, remember to choose a subject you feel strongly about, and then work on communicating that excitement to readers. You will probably write a stronger piece if you have some experience in, or passion about, your subject, whether it's about something you can learn from the older generation; making real change in your own community; or even things that are happening at your school.

Remember, although a strong argument is important, so are facts – the who, what, when, where, why and how. Some of what you write may be opinion but facts can only ever be correct or incorrect.

### "This kind of history is important"



Name: JJ  
Year: 5

"I like to write because people think some subjects aren't as interesting as they are. There's a lot of

talk about nuclear bombs today, but there was the Cuban missile crisis in the Cold War. The US dropped grenades on a Soviet submarine, not knowing there were nuclear torpedoes. This kind of history is important because most people don't know how close they were to the world ending. No one is all good but no one is all bad, either."



President Kennedy was in charge of the US during the crisis.



Whether you want to write about news, views, science, art, music or more, get started today and enter the Learn2Think Young Journalist competition.

If you're aged 8–9 or 10–11, you can submit an article of up to 500 words. Just email it (or ask a parent, guardian or teacher to do it for you) with your name, age and school to [info@learn2think.org.uk](mailto:info@learn2think.org.uk) by Monday 16 October 2017. You could even win a laptop! Judges include Anna Bassi, editor of *The Week Junior*, as well as the Guardian Foundation. Find out more at [learn2think.org.uk/journalism-competition](http://learn2think.org.uk/journalism-competition)

Remember to check facts. If you are claiming something as correct or quoting someone else, show us how you found it out. Here are some places that can help you: [bl.uk/learning](http://bl.uk/learning) and [fullfact.org](http://fullfact.org)



## Make chocolate sandwich cookies

### What you need

- 140g unsalted butter
- 140g soft brown sugar
- 200g chocolate spread
- 185g plain flour
- 25g cocoa powder
- 1 large egg
- Baking tray
- Parchment paper
- Large bowl
- Electric hand mixer

### Instructions

Preheat the oven to 180°C/160°C (fan)/gas mark 4. Lightly grease a baking tray with butter and line it with parchment paper. Mix the butter, sugar and 140g of chocolate spread together in a large bowl using the hand mixer. Beat in flour and cocoa powder. Add egg and beat again until the mixture is smooth. Leave to chill in the fridge for 20 minutes. Divide the dough into 20 even-sized pieces, roll each piece into a ball and flatten the balls into discs with the palm of your hand. Put one teaspoon of chocolate spread in the middle of half the discs and put the other 10 discs on top, to make them into sandwiches. Gently pinch the edges of the sandwiches to ensure that the spread is sealed inside and won't spill out. Lay the sandwiches on a baking tray. Leave plenty of space between each one. You may need two baking trays. Bake for 12–15 minutes, or until the sandwiches are firm around the edges and set in the middle.



The cookies have a delicious filling.

**WARNING!**  
Ask a grown-up to help you use the oven.



Experiment with different shapes and colours.

## Print with a pizza base

### What you need

- Polystyrene pizza base
- Scissors
- Pencil or biro
- Paint and paintbrush
- Paper

### Instructions

Wash a polystyrene pizza base and cut it down to the size you want. Bear in mind you could make several different prints out of a polystyrene circle or make one big print. Use a blunt pencil or biro to draw a design on the base. Keep it simple, like one shape or a pattern. Gently add paint to the polystyrene, ensuring it is even across your shape. You can add another colour and mix them up if you like. Drop the paper on top of the shape and press down with the edge of your fist or use the back of a spoon. Carefully peel the paper off the polystyrene and you should have a print. Don't worry if it is not perfect – that's how this style of printing should look. Try using this method to print gift tags, membership cards, party invitations or anything else you fancy.

## Drink more water

### What you need

- Ruler
- Permanent marker
- 1.5 litre see-through water bottle

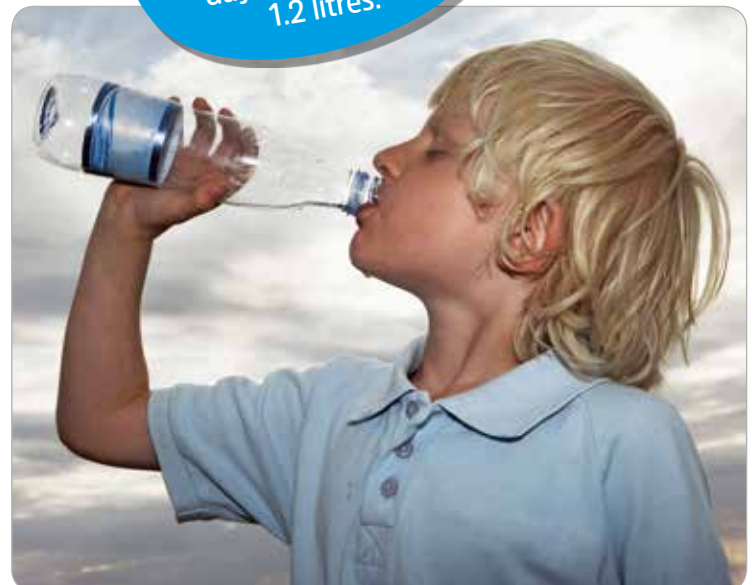
### Instructions

Grab your ruler and a marker and draw seven dots 2.5 centimetres apart on the outside of your water bottle. From the top, down write

9.00, 10.00, all the way to

15.00. Every hour, you'll be able to check that you're on target to drink the minimum amount of water you should in a day.

**WATER WORLD**  
The NHS says we should drink roughly six to eight glasses of water every day. That's around 1.2 litres.



**Got an idea?** Made something cool? Share it with us at [hello@theweekjunior.co.uk](mailto:hello@theweekjunior.co.uk)